

### EXECUTIVE COMMITTEE

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## Life Goes On

By: Chaqueta Stuckey

Do you remember the sitcom, “Life Goes On”? Chris Burke was the star of the show and he is a person with down syndrome. Chris always kept a positive attitude by referring to his condition as “up syndrome.” Many self-advocates think of his story for encouragement.

We all face challenges during the pandemic, but life does go on. I would like to share some things from self-advocates in Florence and how their lives go on during the pandemic.

A couple of drive by parades have been held so that we could see our friends. It was heart warming to see how much our staff cares about us. We decorated our vehicles and the staff decorated their vehicles too. Jackie Hoch showed up in a smiling convertible!! The staff continue to be with us throughout this pandemic.

We have received training on Covid19 to help us understand how to stay safe. We realize how serious and important it is for us to be careful and wear our masks.

We were saddened by the loss of one of our peers to COVID19. It made us angry, but we were thankful to have some knowledge on how this COVID spreads.

Some of us have gone back to work and it feels really good. Everyone goes through a health screening check before work.

At one point, I had so much time on my hands, I wrote articles for two magazines: *Diversity Works* and *University of Minnesota*.

We have learned about virtual family calls, conferences and meetings. This is the only way for us to stay connected and keep up to date on what’s happening.

These are just a few things we have to share. We are thankful to have support during this time. We continue our fight against the spread of COVID-19... remember, life goes on!





## Staying Busy During the Pandemic

Being helpful is nothing new for IMPACT SC member, Tony Powers, in fact it's his favorite thing to do. Tony recently moved to Saluda, SC and he has found many ways to keep himself busy during the pandemic. Tony volunteers at the Christ Church Food Bank once a week passing out boxes of food. He is also an usher at his church. Tony recently started a new job cleaning at a local barber shop. If that wasn't enough, Tony has a new kitten to take care of. We can all find ways to stay busy during the pandemic and give back to our community. Keep up the good work Tony!!



**Time to LAUGH!**

What did Chip say to Belle when she told him a joke???

**You crack me up!!**

Why shouldn't you tell secrets in the kitchen???

**Because the corn has ears!!**

What is champagne's favorite music?

**Pop!!**

